

Download Eggplant The Ultimate Recipe Guide Over 30 Healthy Delicious Recipes

Imam Bayildi is a healthy vegan twist on the usual breaded, fried eggplant casserole. The slices are covered in Mediterranean tomato sauce and baked. Pisto con huevo Photo by Javier Lastras on flickr CC. Pisto is basically the Spanish version of ratatouille (stewed vegetables), and it's one of my husband's favorite dishes. It sounds remarkably simple, but like most simple dishes in Spain there are excellent versions and terrible ones. Here is a handy guide to roasting vegetables along with well over a dozen recipe ideas at the end. Print it out and hang it on your fridge. Then sharpen your knives, turn on the oven and get ready ... The Ultimate Strawberry Filling Recipe. A strawberry filling is an ultimate ingredient that works excellent in endless dessert recipes. Including cake fillings, tart fillings, and fruit tarts.