

Download Transactional Analysis In Psychotherapy

Transactional analysis. Jump to navigation Jump to search. Transactional analysis (TA) is a psychoanalytic theory and method of therapy wherein social transactions are analyzed to determine the ego state of the patient (whether parent-like, child-like, or adult-like) as a basis for understanding behavior. Transactional Analysis (TA) is both a theory of personality and communication, and a system for the improvement of personal and social functioning, within the humanistic tradition. Eric Berne, its' founder, re-examined the basic assumptions of psychiatry, and from his radical pioneering work developed a system of in-depth analysis and change. Transactional Analysis. In therapy, transactional analysis can be used to address one's interactions and communications with the purpose of establishing and reinforcing the idea that each individual is valuable and has the capacity for positive change and personal growth. Transactional Analysis in Psychotherapy: A Systematic Individual and Social Psychiatry [Eric Berne] on Amazon.com. *FREE* shipping on qualifying offers. 2015 Reprint of 1961 Edition. Full Facsimile of the original edition. Not reproduced with Optical Recognition Software. Berne is the originator of transactional analysis